CBIT Training for Occupational Therapists

July 25-26, 2014 | Program in Occupational Therapy
Washington University School of Medicine in St. Louis

Comprehensive Behavior Intervention for Tics (CBIT) is a non-drug treatment consisting of three important components: Training the child to be more aware of tics, training the child to use “competing” behavior when they feel the urge to tic and making changes in day-to-day activities to reduce tics.

About the Speakers

Jan Rowe, OTD, OTR/L, FAOTA
Dr. Rowe is the first occupational therapist in the country to develop a CBIT clinic. She is a retired faculty member from the University of Alabama at Birmingham, Department of Occupational Therapy, and now is a contract employee with Children's of Alabama providing CBIT therapy for children with Tourette syndrome and tic disorders.

Kevin Black, MD
Dr. Black is a professor of psychiatry, neurology, radiology and neurobiology at Washington University School of Medicine in St. Louis. He completed a movement disorders fellowship under the mentorship of Joel S. Perlmutter, MD, in the Department of Neurology at Washington University. Elected by his peers in medicine, he is listed in the “Best Doctors in America” directory and is also recognized in Castle Connolly’s “America’s Top Doctors” listing. Dr. Black has more than twenty years of experience using brain imaging to study Tourette syndrome, other movement disorders, and dopamine’s effects on the brain. In 2009, he served as chair of the steering committee for the International Scientific Symposium on Tourette Syndrome.

Brad Schlaggar, MD, PhD
Dr. Schlaggar is the A. Ernest and Jane G. Stein Professor of Developmental Neurology and is a professor of neurology, radiology, anatomy & neurobiology, and pediatrics at Washington University School of Medicine (WUSM) in St. Louis. Dr. Schlaggar received his MD and PhD degrees from WUSM in 1994. In 1999, he completed his pediatric neurology residency training at WUSM and St. Louis Children's Hospital, where he now serves as the Head of Pediatric & Developmental Neurology, co-director of the Intellectual and Developmental Disabilities Research Center, and Neurologist-in-Chief at St. Louis Children's Hospital. He leads the Pediatric Movement Disorders program and has a special interest in Tourette syndrome. He serves on the medical advisory board for the Tourette Syndrome Association and has been listed annually in the “Best Doctors in America” since 2005 for child neurology. Dr. Schlaggar’s research efforts are directed at understanding the development of the brain's functional network architecture in both typically and atypically developing children, including those with Tourette syndrome.
Who Should Attend

- occupational therapists
- occupational therapy assistants
- early-education specialists, including school psychologists, social workers, counselors, and case managers.

Course Learning Objectives

At the conclusion of this course, participants will be able to:

- Understand diagnostic criteria for Tourette Syndrome (TS) tic disorders
- Discuss CBIT as applied to TS and tic disorders
- Apply CBIT to case scenarios in preparation of evaluating and treating children with TS and tic disorders
- Understand and identify the principles of developing competing responses for tics in order to teach clients to do the same
- Understand tic disorders, including Tourette syndrome (TS) via learning about tic phenomenology, basic epidemiology, natural history, and impact on quality of life
- Understand key medical considerations for TS and other tic disorders, including diagnostic considerations and approaches to treatment
- Understand key psychiatric co-morbidities of TS and other tic disorders, including diagnostic considerations and approaches to treatment.

Continuing Education Credit

Occupational Therapists, Occupational Therapy Assistants
The Program in Occupational Therapy at Washington University School of Medicine in St. Louis is an AOTA Approved Provider of continuing education. This course is offered for .975 AOTA CEUs. The assignment of AOTA CEUs does not imply endorsement of specific course content, products, or clinical procedures by AOTA.

Other professions
This educational offering may qualify for continuing education hours as required by many national, state, and local licensing boards and professional organizations. Save our course outline and certificate of completion, and contact your own board or organization for specific filing requirements.

Visit ot.wustl.edu to register!
Click on Education < Continuing Education

Course Fees:
$199 Registration fee
$149 AOTA member registration fee

All major credit cards accepted.
Registration Information

Location, Registration Confirmation and CEU Certificates
This course is sponsored by the Program in Occupational Therapy at Washington University School of Medicine. It will take place in the occupational therapy auditorium, located at 4444 Forest Park Avenue, St. Louis, MO, 63108. Visit the Program's website at [ot.wustl.edu](http://ot.wustl.edu) to register for the course. Receipts may be printed or saved at the time of registration. Certificates will be emailed to participants following completion of the course.

Cancellation Policy
Cancellations received 2 days prior to the course will be refunded in full minus a $25 handling fee. NO refund will be issued for cancellations received later than 2 days prior to the workshop. In the event of cancellation by Washington University, a full refund of registration fees will be provided to all registrants.

Special Accommodations
The Program in Occupational Therapy at Washington University School of Medicine fully complies with the legal requirements of The Americans with Disabilities Act rules and regulations thereof. If any participant of this activity is in need of accommodations, please do not hesitate to submit written request at least one week prior to the date of the activity.

Disclosure Policy
It is the policy of The Program in Occupational Therapy at Washington University School of Medicine that all faculty participating in this activity are expected to disclose to the audience any significant financial interest or other relationship he/she has with the manufacturer(s) of any commercial product(s) discussed in an education presentation.

Directions
From the Airport, take Highway 70 East to Highway 170 and go South. Go forward on 170 South to Highway 40 and go East. Exit at Kingshighway North and make a right on to Forest Park Avenue (past Barnes-Jewish Hospital and St. Louis Children's Hospital). Go forward three blocks and make a right on Newstead Avenue.

From Highway 40 or 44, take the Kingshighway North exit. Proceed up Kingshighway and make a right on to Forest Park Avenue (past Barnes-Jewish Hospital and St. Louis Children's Hospital). Drive three blocks and make a right on Newstead Avenue.

From Illinois Highway 55/70, come across Poplar Street Bridge keeping in the left hand lanes to pick up Highway 40. Continue on Highway 40 and take the Kingshighway North exit. Proceed up Kingshighway and make a right on to Forest Park Avenue (past Barnes-Jewish Hospital and St. Louis Children's Hospital). Drive three blocks and make a right on Newstead Avenue.

Parking
Parking permits are available to registrants upon request. Designated parking will be provided in Lot L, located at the corner of Newstead and Duncan. If you require parking accommodations, please be sure to request the permit at time of registration so that we may plan accordingly and reserve the appropriate amount of spaces. Permits will be mailed to participants in advance.

To register online, visit the Program in Occupational Therapy's website at [ot.wustl.edu](http://ot.wustl.edu). Click on Education < Continuing Education. For more information, please contact us at (314) 286-1600.
COMPREHENSIVE BEHAVIOR INTERVENTION FOR TICS (CBIT) TRAINING

Providing a new application of Cognitive Behavioral Therapy for occupational therapists and early education specialists

Inspire significant changes in occupational performance and quality of life!

Presented by Jan Rowe, OTD, OTR/L, FAOTA
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Featuring Washington University faculty
Kevin Black, MD, and Brad Schlaggar, MD, PhD, faculty members at Washington University School of Medicine, will kick off this evidence-based, informative session.