

## Curriculum Vitae

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Kathleen M. Kniepmann

### **Contact Information**

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Program in Occupational Therapy  
Washington University School of Medicine  
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St. Louis, MO 63108-2212
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### **Present Position**

2019-present Associate Professor in Occupational Therapy and Neurology  
Institute for Public Health Scholar  
Washington University in St. Louis, St. Louis, MO

### **Education**

#### **Undergraduate**

1974 BS; Washington University in St. Louis, St. Louis, MO

1975 BA; Washington University in St. Louis, St. Louis, MO

#### **Graduate**

1980 MA Ed; Harvard University, Cambridge, MA

1981 MPH; Harvard University, Cambridge, MA

2008 Doctorate in Occupational Therapy; Washington University School of Medicine, St. Louis, MO

### **Academic Positions/Employment**

1992-2014 Instructor in Occupational Therapy  
Washington University School of Medicine, St. Louis, MO

1996-2007 Coordinator of Student Activities, Program in Occupational Therapy  
Washington University School of Medicine, St. Louis, MO

2014-2019 Assistant Professor of Occupational Therapy & Neurology  
Washington University School of Medicine, St. Louis, MO

2019-present Associate Professor of Occupational Therapy & Neurology  
Washington University School of Medicine, St. Louis, MO

## Curriculum Vitae

### Clinical Title and Responsibilities

- 1974 Activity Therapist, Children's Psychiatric Hospital  
University of Michigan, Ann Arbor, MI
- 1974-1979 Occupational Therapist  
The Jewish Hospital of St. Louis, MO
- 1975- 1979 Assistant Director of Occupational Therapy and Home Care Therapist  
The Jewish Hospital, St. Louis, MO
- 1976-1979 Director of Clinical Education for Occupational Therapy  
The Jewish Hospital, St. Louis, MO
- 1981-1982 Research Assistant , Department of Social Medicine and Health Policy  
Harvard Medical School, Division on Aging, Boston, MA
- 1982-1983 Project Coordinator, Department of Social Medicine and Health Policy  
Harvard Medical School, Division on Aging, Boston, MA.
- 1983-1992 Founding Director of Health Education and Patient Information  
Harvard University, Cambridge, MA

### Teaching Titles and Responsibilities

Harvard University, Cambridge, MA

- 1984-1992 Co-instructor, Course Assistant, and Guest Lecturer  
Health Care in the United States  
The Elderly Person in the Health Care System  
AIDS and Society
- Washington University School of Medicine, Program in Occupational Therapy, St. Louis, MO
- 1993-1996 Section co-leader, Area Specialization in Occupational Therapy
- 1993-1997 Co-coordinator and Instructor, Special Topic Seminar Courses
- 1993-1996 Course Director, Concepts and Practice of Teaching
- 1995 Group Dynamics Section Leader, Task-oriented Groups Course
- 1995-2002 Tutor, Occupational Therapy Practice Problem Based Learning
- 1996-2007 Instructor, Community Service Assistantship, Disability Awareness through Service Learning
- 1997 Supervisor, Level I Fieldwork
- 1997 -2003 Course Director, Education & Health: Foundations for Community Practice

## Curriculum Vitae

2004-2006 Course Director, Health Promotion, Prevention & Community Education  
2005-present Course Director, Disability, Quality of Life & Community Responsibility  
2009-present Course Director, Applied Clinical Research  
2009- 2018 Co-course Director and Assistant, Theory and Foundations for OT Practice  
2009- 2013 Guest Lecturer, Evaluation: Tools for Measuring Occupational Performance  
2010- 2011 Guest Lecturer and Mentor, Community Health & Occupational Therapy  
2013- 2014 Course Director, Applied Clinical Practice  
2013-present Instructor & Guest lecturer, Introduction to Health Professions  
2013-2017 Guest Lecturer, Community Health Education module, OT 5380: Health Promotion, Participation and Wellness for Persons with Chronic Disease  
2019 Guest Lecturer, Immersion in Occupational Therapy  
2020 Course Designer, Instructor and Coordinator, Introduction to OT mini-course

### Washington University in St. Louis, St. Louis, MO

1996-1998 Co-Course Director, Issues of Disability in Society  
Washington University in St. Louis – Brown School and. Arts & Sciences school  
1996-2007 Community Service Assistantship, Disability Awareness through Service Learning  
1999 - 2004 Instructor, Occupational Therapy: Promoting Meaning & Quality of Life  
College of Arts & Sciences  
2001- 2007 Guest Lecturer, The Practice of Medicine, WUSM-I  
Washington University School of Medicine  
2002-present Instructor, AmCS 245 Images of Disability: Portrayal in Film & Literature  
College of Arts & Sciences  
2013-present Instructor & Guest lecturer, Introduction to Health Professions  
College of Arts & Sciences

### Harris Stowe State University, St. Louis, MO

2019-peesent Instructor, Introduction to Health Care Careers  
2020-present Instructor, Introduction to Occupational Therapy

### University and Hospital Appointments and Committees

## Curriculum Vitae

- 1986-1989 Harvard representative, 1990's Objectives for College Health  
National Task Force for Healthy People 2000
- 1986-1992 Member, Harvard AIDS Education steering committee
- 1987- 1992 Harvard representative, Task Force on Alcohol & Other Drugs  
Ivy League Council of Presidents
- 1989-1992 Co-chair, Committee on Alcohol & other drugs  
Harvard University
- 1989-1992 Co-chair, International Student Health Committee  
Harvard University
- 1990-1992 Co-chair, Interdepartmental Communications Committee  
Harvard University
- 1990-1992 Member, Health Self-Management Committee  
Harvard University
- 1993- 2017 Member, Committee on Academic & Professional Evaluation of Students  
Washington University School of Medicine, Program in Occupational Therapy
- 1993-2004 Member, Master of Science in Occupational Therapy (MSOT) Curriculum Committee  
Washington University School of Medicine, Program in Occupational Therapy
- 1995-2002 Problem Based Learning Committee  
Washington University School of Medicine, Program in Occupational Therapy
- 1997-2010 Member, Admissions Committee  
Washington University School of Medicine, Program in Occupational Therapy
- 2002-2006 Member, Administrative Council  
Washington University School of Medicine, Program in Occupational Therapy
- 2002-2019 Member, Chancellor's committee: University Policy & Practice Affecting Students with  
Disabilities  
Washington University School of Medicine
- 2002-present Faculty Associate, University Residential Colleges  
Discussion leader, Undergraduate Reading Program  
Washington University in St. Louis
- 2009-present Institute for Public Health Scholar  
Washington University in St. Louis
- 2009-2013 Faculty, Staff Board for Dance Marathon  
Washington University School of Medicine
- 2012-present Pre-Health Committee, Pre-Occupational Therapy Undergraduate Advisor

## **Curriculum Vitae**

Washington University in St. Louis

- 2015-2016      Member, Community Engagement Committee  
Washington University School of Medicine, Program in Occupational Therapy
- 2015-present    Member, Diversity and Inclusion committee  
Washington University School of Medicine, Program in Occupational Therapy
- 2017-2019      Co-Chair, Diversity and Inclusion committee  
Washington University School of Medicine, Program in Occupational Therapy
- 2019-present    Co-Chair, Chancellor's Committee for Accessibility and Disability  
University Policy & Practice Affecting Students with Disabilities
- 2019-present    Member, Engagement & Recognition Committee (ERC)  
Washington University School of Medicine, Program in Occupational Therapy

### **Medical Licensure and Certification**

- 1974-present    National Board of Certification for Occupational Therapy  
Registered Occupational Therapist  
Certification number: AA298992
- 1989-present    Certified Health Education Specialist  
Certification number: CHES. 2897
- 2003-present    State of Missouri Division of Professional Licensure  
Missouri Board of Occupational Therapy  
License number: OC# 002177

### **Honors and Awards**

- 1981             Class Marshal  
Harvard School of Public Health
- 1981             John Eliot Thayer Scholar Award  
Harvard School of Public Health
- 1995             Honorary member  
Pi Theta Epsilon, National OT honor society
- 2003             Undergraduate Innovative Educator Award  
Washington University in St. Louis
- 2007             Educational Excellence Award, graduating class of Occupational Therapy  
Washington University School of Medicine
- 2011             Outstanding Faculty Award  
Women in the Greek Community
- 2012             Outstanding Faculty Award

## Curriculum Vitae

- Women's Panhellenic Association
- 2013 Outstanding Faculty Award  
Women's Panhellenic Association
- 2015 Graduation Speaker, Student Elected  
Washington University School of Medicine, Program in Occupational Therapy

### **Editorial Responsibilities**

- 2014-present Reviewer  
British Journal of Occupational Therapy
- 2015-present Reviewer  
Topics in Stroke Rehabilitation
- 2016-present Reviewer  
Disability and Rehabilitation
- 2018-present Abstract reviewer  
The Missouri Occupational Therapy Association (MOTA) conference
- 2019 Abstract reviewer  
American Occupational Therapy Association (AOTA) conference
- 2019-present Reviewer  
European Journal of Cancer Care

### **National Panels, Committees, Boards**

- 1986-1992 Member, College Health committee  
Healthy People 2000 and 2010
- 1987-1988 Member, Committee on Alcohol & Other Drug Education  
American College Health Association (ACHA) & National Collegiate Athletic Association (NCAA)
- 2007-2008 Member, Ad Hoc Panel on Health and Wellness certification  
American Occupational Therapy Association
- 2017- 2019 Member, COE Task Force on Cultural Competence in OT Education  
American Occupational Therapy Association

### **Community Service Contributions**

#### **Professional Societies and Organizations**

- 1975-present Member  
American Occupational Therapy Association

## Curriculum Vitae

- 1984-1992 Member, American College Health Association
- AIDS education task force, 1985-1987
  - Secretary & Newsletter Editor, 1986-1988
  - International Student committee, 1986-1990
  - Ivy Council of Presidents college health representative
- 1988-1992 Member  
Massachusetts Public Health Association
- 1988-present Member  
Society for Public Health Education
- 1985-present Member  
American Public Health Association
- 1994-present Member  
World Federation of Occupational Therapy
- 1995-1997 Co-founder & Vice President  
Missouri Rural Health Association
- 1998-present Member  
Missouri Occupational Therapy Association
- 2013-present Member, American Congress of Rehabilitation Medicine
- Stroke Special Interest group member
  - Task Force Co-chair, Life After Young Stroke, 2013-2015
  - Membership Chair, International Networking Group, 2020
- 2014-present Member, Service Delivery Task Force  
ACRM International Networking group
- 2017-2019 Mentor, New Educator Mentor Program (NEMP)  
American Occupational Therapy Association
- 2020-present Member  
National Association for Multicultural Education

### **Major Invited Professorships and Lectureships**

- 2001 Self-management of chronic disease  
Hong Kong Polytech University, Hong Kong, China
- 2001 Community health promotion  
Auckland University of Technology, Auckland, New Zealand

### **Consulting Relationships and Board Memberships**

- 1986-1992 High School and College Health Education Consultant  
Babson College, Boston University, Lesley College  
Massachusetts Institute of Technology

## Curriculum Vitae

- 1996-1998 Board of Directors  
Aid for Victims of Crime
- 1992-1994 Consultant & educator  
Saturday School Youth Enrichment program
- 1994-present Board of Directors intermittently  
Event coordinator, Community Service Chair  
Harvard Club of St. Louis
- 1994-1996 Co-founder & Board Member  
Missouri Rural Health Association
- 1999-2013 Consultant & Subject Matter Expert  
National Multiple Sclerosis Society
- 2013-2014 Silver Screen Film Committee  
Maturity & the Muse
- 2015-present Board of Directors, Program Planning Committee  
Memory Care Home Solutions

### **Research Support**

#### **Governmental**

- 1982-1983 Project Coordinator,  
Identifying Health & Social Service Needs of Retired Harvard Faculty & Staff.  
Funded by Harvard University President's Fund and the Cabot Fund  
Larry Branch, Ph.D., Principal Investigator
- 1998-1999 Investigator  
Mobility, Disabilities, Participation and Environment  
Funded by Centers for Disease Control and Prevention (R04/CCR714134) (5 %)  
David Gray, PhD, Principal Investigator
- 2000-2002 Investigator  
Introduction to a Multidisciplinary Approach to Primary Care  
Funded by Fund for the Improvement of Post-Secondary Education (5%)  
Yoon Kang, MD, Principal Investigator

#### **Non-governmental**

- 1997-2000 Investigator. Promoting Wellness for Individuals with Spinal Cord Injury Secondary to  
Multiple Sclerosis  
Funded by Paralyzed Veterans of America and Gateway Chapter of National Multiple  
Sclerosis Society (5%)  
Peggy Neufeld, MA, Principal Investigator

### **Trainee/ Mentee Record**

Master students, Washington University School of Medicine, Program in Occupational Therapy



## Curriculum Vitae

- 1994 Flanagan, J. *OT Roles for Violence Prevention with Children*  
Enlund, A. *Ethical Issues in Health Care of the Geriatric Population*
- 1995 Bloome, C. *The Role of OT in Violence Prevention Programming*  
Wente, T. *Parenting Skills and Violence Prevention*  
Beisner, K. *OT and Parenting Education*  
Hotz, M. *Occupational Therapy in Pediatric Lead Exposure Prevention*  
Hollingshad, R. *Telecommunication & Computer Technology in Rural OT*  
Mestres, M. *Conceptualizing the Essential Skills & Characteristics of Rural Occupational Therapy Practice*
- 1996 Baucher, T. C. *Rural OT and Professional Isolation: Filling the Gap*  
Wehking, S. *OT Awareness of Elder Abuse*  
Klepzig, S. *Physician Referral Patterns in Relation to OT*
- 1997 Sambrook, J. *Disability and Culture: Expanding OT's Client-Centered Model to Uphold Native American Beliefs*  
Suga, Y., Prosperi, C., Coles, H. *Training the Trainer Wellness Programs for Individuals with Multiple Sclerosis*
- 1998 Close, J. *Day Care Study: Social Development & Youth Enrichment- Prosocial Play*  
Hughes, D. *Day Care Study: Social Development & Youth Enrichment Communication Skills*
- 1999 Hilsendeger, D. *Childhood Injury Prevention through Parent Education*  
Jerdee, K. *Parenting Education for Child Safety in the Home*  
Rubezhin, M. *Spirituality Related Occupations*
- 2000 Haines, L. *Increasing Parental Knowledge and Practices for Pediatric Injury Prevention*  
Hull, J. *Child Safety At Home: Developing An Injury Prevention Program for St. Louis Communities*
- 2003 Wong, E. *The Effects Of Comprehensive Violence Prevention Programs for Children*  
Leon, M. *Preventing Behavior Disorders Through Preschool Interventions*
- 2006 Kinsinger, E. *Girls On The Run: Effects of a Physical Activity Program*

## Curriculum Vitae

### *on Self-Concept and Participation*

- 2010 Brooks, A. *Caregiving for Spouses or Partners with Aphasia: Participation, Communication, and Quality of Life*
- Davidson, A. *Religion and Spirituality among Caregivers of Those Who Have Had a Stroke: Influences on Health and Quality of Life*
- Platt, A. *Support Group Participation for Family Caregivers of Stroke Survivors*
- 2011 Frankel, A. *Spirituality and Activity Participation in Family Caregivers of Individuals Post-Stroke*
- Paka, S. *Family Caregivers for Survivors of Stroke: Changes in Leisure*
- 2012 Burchinow, A. *Family Caregivers for Relatives with Stroke: Spirituality and Participation*
- Harlacker, M. *Caregiving for Survivors of Stroke with Aphasia: Does Ethnicity Matter*
- Kaplan, J. *Occupational Changes of Male Caregivers for Wives who have Strokes with Aphasia*
- 2013 Charvat, A. *Co-Occupational Changes among Family Caregivers for Relatives with Stroke*
- Hardney, K. *Social and Leisure Changes in Caregivers for Relatives with Stroke*
- Kiermaier, K. *Caregivers of Partners with Stroke: Changes in Intimacy*
- Kim, C. *Occupational Additions of Family Caregivers for Relatives with Stroke*
- Ryan, E. *Experiences and Concerns of Male Caregivers for Spouses with Stroke*
- 2014 Cross, J. *Family Caregiving after Stroke: Skills Training for Safety*
- Downey, E. *Stress in Caregivers of Relatives with Stroke*
- Colwell, S. *Development of a Home Modification Education Tool for Caregivers of Relatives with Memory Impairments*
- Pluta, C. *Hospital Readmission: An Occupational Therapy Perspective*
- 2015 Micari, A. *Discharge Education for Family Caregivers of People with Stroke- Practices & Perspectives of Occupational Therapists*
- Raymond, B. *Staying Connected after Stroke: The Caregiver's Perspective*
- 2016 Andrade, T. *Intimacy & Sexuality: Information for Couples Post-stroke*
- Brown, M. *Information Needs of Families with Stroke*

## Curriculum Vitae

- Medley, C. *Occupational Therapy & Discharge Education for Families with Stroke*
- Pesch, E. *Changes in Intimacy & Sexuality post stroke: Caregiver perspectives*
- 2017 Egan, M. *Information Seeking of Family Members for Relatives with Stroke*
- Nesky, L. *Discharge Education for Families with Stroke: Clinician Practices and Perspectives*
- 2019 Cook, E. *Applying Concepts of Adult Learning to Education for Family Caregivers for Stroke Survivors*
- Clymer, D. & Fields, H. *Screening and Assessment Tools to Identify Unmet Needs of Family Caregivers for Stroke Survivors*
- 2020 Hanson, R. & Radman, L. *Family Caregiver Experiences and Education*
- Doctoral mentees, Washington University School of Medicine, Program in Occupational Therapy
- 2011 Whitney W. *Developing an International Classification of Functioning, Disability and Health for Children and Youth Code Set for Children and Youth with Sickle Cell Disease*
- 2012 Jess, G. *Excellence in Personal Assistance Services: Effect of a Consumer Attendant Training Program*
- 2013 Dumke Seymour, L. *Participation Changes in Sexual Functioning for Persons with Mild Stroke*
- Perez, B. *Wedding Planning, Accessibility and Participation*
- Rizki, E. *“Happier than I am today”: Depressive symptoms impact on Occupational Performance for African American Women*
- Wu, H-T. G., *Developing a Functional Comprehension Measure to Support Occupational Engagement for Individuals with Aphasia*
- 2014 Graddy, R. *The Perspective of Individuals with Aphasia in the Caregiving Relationship*
- Hsu, I. *Web-based Training Program for Individuals with Disabilities and Their Informal Personal Assistants*
- Nigam, A. *An Exploratory Clinical Study Evaluating the Effect of Chronic Disease Self Management for People with Stroke*
- 2015 Landon, L. *Improving Musical Participation for Individuals with Physical Limitations: A Qualitative Pilot Study*
- 2016 Bennett, A. *Pediatric Brain Tumor Survival and Cognitive late Effects: A Caregiver Education Approach*

## Curriculum Vitae

Pappa, K. *Social Support and Self-Management in Parkinson's disease*

Fernandez, J. *Developing an Assessment to Measure Infant and Toddler Participation*

2018 Koszalinski, R. *Development of Leader Training for a Vision Loss Self-Management Program*

Joyce, M. *Development of Skill Maintenance & Carryover Strategies for Vision Loss Self-management Program & Program Evaluation Update*

2019 Stevenson, J. L. *Adapting Diabetes Prevention Program for Adults with Stroke: A Qualitative Study*

Burns, A. *Bringing Sunshine Children Out of Hiding: Exploring a Community-Based Role for OT in Kyrgyzstan*

2020 Burg, J. *Recognizing the Hidden Patient: The Caregiver Experience*

Undergraduate Honors Project, Washington University in St. Louis

2007 Honors Thesis reader/ advisor, International and Area Studies Department  
Ueno, T. *Disability in Japanese Arts and Media - Changing Perspectives*  
Awarded Cum Laude

2009 Honors Thesis reader/ advisor, American Culture Studies Department  
Rettner, M. *American Misconceptions: Biased Depictions in Mass Media*  
Awarded Cum Laude & Lynn Cooper Harvey Distinguished Fellow

### **Bibliography**

#### **Original, peer reviewed articles in refereed journals**

1. Branch, L.G., Katz S., **Kniepmann K.**, & Papsidero, J.A. (1984). A prospective study of functional status among community elders. *American Journal of Public Health*, 74, 266–268.  
<http://dx.doi.org/10.2105/AJPH.74.3.266>
2. Hotz, M., **Kniepmann, K.**, Kohn L. (1998). Occupational therapy in pediatric lead exposure prevention. *American Journal of Occupational Therapy*, 52, 53-59.  
<http://dx.doi.org/10.5014/ajot.52.1.53>
3. Neufeld, P., **Kniepmann, K.** (2001). Gateway to Wellness: An Occupational Therapy Collaboration with the National Multiple Sclerosis Society. *Occupational Therapy in Health Care*, 13, 67-84.  
[https://doi.org/10.1080/J003v13n03\\_07](https://doi.org/10.1080/J003v13n03_07)
4. Neufeld, P., **Kniepmann, K.** (2003). Developing wellness and self-management programs for persons with chronic disabling conditions. *OT Practice*.

## Curriculum Vitae

5. \* **Kniepmann, K.** (2012). Female family carers for survivors of stroke: Occupational Loss and quality of life. *British Journal of Occupational Therapy*, 75(5), 208-216. <https://doi.org/4276/030802212X13361458480207>
6. \* **Kniepmann K.**, Cupler M.H. (2014). Occupational changes in caregivers for spouses with stroke and aphasia. *British Journal of Occupational Therapy*, 77(1), 10-18. <https://doi.org/10.4276/030802214X13887685335463>
7. \* **Kniepmann K.** (2014). Family caregiving for husbands with stroke: an occupational perspective on leisure in the stress process. *OTJR: Occupation, Participation and Health*, 34(3), 131-140. <https://doi.org/10.3928/15394492-20140325-01>
8. Pappa, K., Doty, T. Taff, S.D., **Kniepmann, K.**, & Foster, E.R. (2017). Self-Management Program Participation and Social Support in Parkinson's Disease: Mixed Methods Evaluation, *Physical & Occupational Therapy In Geriatrics*, 35(2), 81-98. <https://doi.org/10.1080/02703181.2017.1288673>
9. \* **Kniepmann, K.** & Kerr, S. (2018). Sexuality and intimacy following stroke: Partner perspectives. *Sexuality and Disability*. 36(3), 219-230. <https://doi.org/10.1007/s11195-018-9531-2>
10. Clymer, D., Fields, H., & **Kniepmann, K.** (2020). Assessing unmet needs of caregivers after stroke: Occupational Therapist practices and perspectives. *The Open Journal of Occupational Therapy*, 8(2), 1-13. <https://doi.org/10.15453/2168-6408.1653>

### Selected Invited Publications

1. **Kniepmann, K.** (1985). AIDS education on the college campus. American College Health Association booklet.
2. **Kniepmann, K.** (1996). Beyond Hola and Si. *Adelante*, newsletter for the national network of Hispanic and Latino occupational therapists.
3. **Kniepmann, K.** (1997). Prevention of disability and maintenance of health. In Christiansen CH & Baum CM (Eds.), *Occupational Therapy: Enabling Function & Well-being*. 2<sup>nd</sup> edition. Pp. 531-555. Thorofare, NJ: SLACK Incorporated.
4. **Kniepmann, K.** (1998). Stress management – Finding ways to relax. Gateway to Wellness Participant's Workbook.
5. Neufeld, P., & **Kniepmann, K.** (2000). Master Training Manual for Gateway to Wellness Program.
6. **Kniepmann, K.** (2000). Instructions on teaching about stress management. Leader's Training Manual for Gateway to Wellness.
7. **Kniepmann, K.** (2000). Tips for managing group dynamics. Leader's Training Manual for Gateway to Wellness.

## Curriculum Vitae

8. **Kniepmann, K.,** & Stewart, D. (2001). Occupation-based practice- Putting it all together (part II). In C Baum & M Law (Eds.), *Occupation Based Practice: Fostering Performance & Participation*. Thorofare, NJ: SLACK Incorporated.
9. Klocke, A., & **Kniepmann, K.** (2002). Injury Free St. Louis- Home Safety. Robert Wood Johnson manual on child safety.
10. **Kniepmann K.** (2003). OTD pioneers- forging expanded horizons. *OT Advance*.
11. **Kniepmann, K.** (2005). Teaching for social change. In L Ben Moshe (Ed.), *Creating Pedagogical Curb Cuts: Incorporating Disability in the University Classroom and Curriculum*. Syracuse, NY, Graduate School, Syracuse University

### Audiovisual or Media

1. **Kniepmann, K.** (1988). *Alcohol and drug education for athletes at Harvard*. National Collegiate Athletic Association Videotape.
2. **Kniepmann, K.** (2009). *Achieving Optimal Wellness*. Online course - National Multiple Sclerosis Society.