

Curriculum Vitae

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Grayson Owens, OTD, OTR/L

Contact Information

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Program in Occupational Therapy
Washington University School of Medicine
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Present Position

2022 – present Instructor, Occupational Therapy and Neurology (PDA)
Washington University School of Medicine, St. Louis, MO

Education

Undergraduate

2016 BS; Bachelor of Science in Kinesiology, University of Central Arkansas,
Conway, AR

Graduate

2019 OTD; Doctorate of Occupational Therapy, Arkansas State University,
Jonesboro, AR

Academic Positions:

2022 – present Instructor, Occupational Therapy and Neurology (PDA)
Washington University School of Medicine, St. Louis, MO

Clinical Title and Responsibilities

2019 – 2022 Occupational Therapist
Functional Independence Home Care, Cordova, TN

2019 – 2022 Occupational Therapist
Encompass Health Rehabilitation Hospital of Memphis, Memphis, TN

Teaching Title and Responsibilities

Program in Occupational Therapy, Washington University School of Medicine, St. Louis, MO

2022-2024 Instructor. OT 628, Anatomical Structures Supporting Occupational Performance
Instructor. OT 629, Applied Strategies in Biomechanical Performance
Instructor. OT 681, Implementing PEOP in Practice
2024 Instructor, OT 642, Evaluation and Intervention: Adults and Older Adults*

Medical Licensure and Certification

2019 – present National Board for Certification in Occupational Therapy Certification
Certification number: 428835
Active
2016 – present CarFit Technician
2020 – present BLS/CPR Certified
2021 – present Summit Stroke Certified

Honors and Awards (include election to select professional societies and year awarded)

2018 Arkansas State University Graduate Student Council Scholarship Recipient
2018 Arkansas State University Travel Assistance Recipient: Attended 2017 and 2018
AOTA national conference
2018 American Occupational Therapy Foundation Scholarship Recipient: Florence
Wood Scholarship
2021 Functional Independence Home Care: Occupational Therapist of the Year
2021 Functional Independence Home Care: Pursuit of Excellence Award

Community Service Contributions

Professional and Community Engagement

2016-2019 Social Media Officer, Arkansas Occupational Therapy Association
2019-2020 Communications and Advocacy Chair, Assembly of Student Delegates
2023-2024 Rehabilitation and Disability Special Interest Section, Committee member
2023-2024 Academic and Education Special Interests Section New Educator Mentorship
Program
2023-2024 Professional and Graduate Student Coordinate Committee, Medical School
Representative
2023-2024 St. Louis District Co-Chair of Missouri Occupational Therapy Association

Professional Societies and Organizations

2016 – 2019	Arkansas Occupational Therapy Association
2016 – present	American Occupational Therapy Association
2023-present	Missouri Occupational Therapy Association

Presentations

Owens, G. (2016). The Accessibility of Fitness Gyms in the U.S. vs England. Poster presented at the University of Central Arkansas, Conway, AR.

Owens, G. (2019). Transitioning from Student to New Practitioner. Poster presented at the Assembly of Student Delegates, Live via Zoom

Owens, G. (2019). The Lived Experience of College Freshmen with and Without a Disability. Poster presented at Arkansas State University, Jonesboro, AR.

Owens, G. (2023). The Price is Right When You Eat Right: Eating Performance Patterns. Invited guest lecture at community YMCA for aging adults in the community in Washington, MO.

Owens, G. (2023). Keeping Brains Healthy As You Age: Invited guest lecture at the Maplewood Elder Resource Fair in St. Louis, MO.

Owens, G. (2023). Simple Home Modifications and Fall Prevention Strategies. Invited guest lecture at the Maplewood Elder Resource Fair in St. Louis, MO.

Prager, E., Stoner, M., Todd, K., **Owens, G.** (2023). A New Perspective on Human Anatomy for the Occupational Therapy Student: A Competency-Based Course Designed for Clinical Relevance. Poster presented at Academy of Educators Education Day at the Washington University in St. Louis, MO.

Isenman, H, **Owens, G.**, Tyminski, Q. (2024). An Exploration of occupational participation at the intersection of LGBTQ+ and unhoused identities; A Comparative Case Study. Poster presented at American Occupational Therapy Association Inspire Conference 2024 in Orlando, FL.

Owens, G. (2024). OT's Make Life Fun Again: All about OT. Invited guest lecture at community YMCA for community in Washington, MO.

Publications

1. **Owens, G.** (2019). State Telehealth Update. *OT Practice*, 24(6), 9.
2. **Owens, G.** (2024). Let's Talk DEI. Lived Experiences of Clinicians From the LGBTQ+ Community: Implications for OT Practitioners. *OT Practice*, 29 (1), 8-9.

Journal Reviewer

2023 American Journal of Occupational Therapy

2023 Advances in Rehabilitation Science and Practice