

Patricia Nellis, OTD, OTR/L, MBA, FNAP

October 4, 2024

Contact Information

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Present Position

Associate Professor Clinical Track / Director Clinical Operations, Washington University
Program in Occupational Therapy

Education

1976 - 1980 Bachelor of Arts in Occupational Therapy
Western Michigan University
Kalamazoo, Michigan

2001 – 2004 Master of Business Administration
Columbia College
Columbia, Missouri

2015 - 2017 Doctor of Occupational Therapy
Health Promotion and Prevention
A.T. Still University
Mesa, Arizona

Academic and Promotion History

Washington University School of Medicine Program in Occupational Therapy / St. Louis MO
July 2019 – Present
Associate Professor in Occupational Therapy and Neurology

Washington University School of Medicine Program in Occupational Therapy / St. Louis MO
September 2015 – June 30, 2019
Director Clinical Operations - Clinic and Community Practice Program

Washington University School of Medicine Program in Occupational Therapy / St. Louis MO
Aug 2013 – September 2015

Clinical Manager - Clinic and Community Practice Program

Employment History

Barnes Jewish Hospital / St. Louis MO
Nov 2006 – Aug 2013
Manager Rehabilitation Services

Missouri Baptist Medical Center / St. Louis MO
Feb 2002 – Nov 2006
Manager Therapy Services

Reliant Care Management Group / St. Louis MO
Sept 1996 – Jan 2002
Ancillary Services Director

Rehab Choice Incorporated / St. Louis MO
Sept 1993 – Sept 1996
Regional Clinical Manager

Fulton State Hospital / Fulton MO
May 1991 – May 1993
OT III / Supervisor and Program Coordinator

Mid Missouri Mental Health Center / Columbia MO
May 1990 – May 1991
Occupational Therapist II / Adult Inpatient Supervisor

Capital Regional Medical Center / Jefferson City MO
May 1989 – May 1990
Staff Occupational Therapist

Fulton State Hospital / Fulton MO
April 1983 – May 1989
Occupational Therapist II / Program Coordinator Forensic Services

Eastern State Hospital / Vinita OK
April 1981 – April 1983
Staff Occupational Therapist Forensic Services

Professional Licensures and Certifications

Occupational Therapist, Missouri #000044

National Board for Certification of Occupational Therapy #AA36659

Honors and Awards

March 2020 Fellow, National Academies of Practice

Community Service Contributions

Washington University in St Louis *School of Medicine* Committee and Administrative Service:
May 2015 – June 2019 Chair, Community Engagement Council, Program in OT

June 2015 – June 2019 Chair, Continuing Education Committee, Program in OT

August 2016 – Sept 2021 Member, Transitions of Care Committee, Center for
Interprofessional Education

July 2024 – Present Chair, Community Organization Advisory Committee, Program in
OT

Service to Other Universities

July 2024 University of Pittsburgh School of Health and Rehabilitation Sciences,
Department of Occupational Therapy, faculty promotion reviewer

Professional Presentations

2014 Braveman, B., Wolf, T. & Nellis, P. *The State of Oncology Practice Town Hall*, AOTA
National Conference, April 5, 2014. Baltimore MD

2016 Glennon, T., Richards, C., Pallister, D. & Nellis, P. *Habilitation, the new essential health
benefit*, AOTA National Conference, April 7, 2016, Chicago IL

2017 Hooper, L., Glennon, T., Nellis, P. & Pallister, D. *Habilitation services: Essential health
benefits*, AOTA National Conference, March 30, 2017, Philadelphia PA

2018 Stevens, A., Bland, M., Yau, T., Chen, J., Nellis, P. & Mueggenburg, K., *A pilot
Interprofessional transition of care experience incorporating students from five health
profession programs*, poster presentation, 12th Annual Multidisciplinary Research
Conference, October 17, 2018, St. Louis MO

2019 Stevens, A., Bland, M., Nellis, P., & Mueggenburg, K., *Interprofessional collaboration
to improve transitions of care: A case based educational pilot experience*, National
Academies of Practice, 2019 Annual Conference, March 8, 2019, Washington D.C.

2019 Stevens, A., Bland, M., Yau, T., Chen, J., Nellis, P., Mueggenburg, K. *Student perceived
value for practice after completing a transitions of care interprofessional education
experience*, poster presentation, 13th Annual Multidisciplinary Research Conference,
October 23, 2019, St. Louis MO

2021 Tymkew, H., Archer, J., Nellis, P., & Taylor, B., *The rehabilitation perspective from a COVID-19 post intensive care syndrome virtual clinic*, poster presentation, APTA CSM, February 2-5, 2022.

Community Outreach & Volunteer Services

October 2019	Mindfulness & wellbeing, Daniel Boone Regional Library, Ellisville MO
December 2019	Mindfulness & wellbeing, Grants View Public Library, Affton MO
November 2020	Train your aging brain, Aging Ahead, virtual
November 2020	Covid recovery & resources, Aging Ahead, virtual
January 2021	Train your aging brain, Florissant Public Library, Florissant MO
January 2021	Train your aging brain, Edward Jones YMCA, St. Louis MO
March 2021	The Hidden truth about pain, Grants View Public Library, Affton MO
March 2021	What it takes to keep people out of the hospital, BJH Case Managers
April 2021	Train your aging brain, Affton Senior Center, Affton MO
April 2021	Wellbeing & mindfulness, Christ the King, St. Louis MO
June 2021	Wellbeing & mindfulness, Jamestown Bluff Library, Ferguson MO
December 2021	Train your aging brain, Oakview Senior Apartments, Union MO
July 2022	Train your aging brain, Sullivan Senior Center, Sullivan MO
September 2022	Fall prevention, Washington YMCA, Washinton MO
October 2022	The importance of mental fitness, Washington YMCA, Washington MO
October 2022	Sleep and the role it plays in everyday function, Brentwood Senior Center, Brentwood MO
November 2022	Stress Management, Florissant Valley Aging Ahead, virtual
December 2022	Train your aging brain, Allegro Senior Living Center, Richmond Heights MO
April 2023	OT and Multicontext approach to improving functional cognition, BJH OT Department, St. Louis MO

June 2023	Quality of Sleep, St. Louis County Public Library, Ellisville MO
July 2023	Train your aging brain, St. Louis County Public Library, Thornhill Branch, St. Louis MO
August 2023	Sleep and the role it plays in everyday function, Washington YMCA, Washington MO
September 2023	Quality of sleep, St. Louis County Public Library, Florissant MO
November 2023	Train your aging brain, Arnold Aging Ahead, virtual
March 2024	Sleep and the role it plays in everyday function, Allegro Senior Living, virtual national broadcast
April 2024	Wellbeing & mindfulness, Sullivan Senior Center, Sullivan MO
June 2024	Ways to preserve your healthy brain, Washington YMCA, Washington MO
August 2024	Living with and managing peripheral neuropathy, Washington YMCA, Washington MO
October 2024	Chronic disease and self-management, Washington YMCA, Washington MO

Membership in Professional Societies

Dec 1980 – Present	American Occupational Therapy Association
July 1998 – Present	Missouri Occupational Therapy Association
Nov 2004 – 2020	American College of Health Care Executives
June 2014 – 2019	American Occupational Therapy Association Habilitation Task Force
July 2018 – 2022	Missouri Occupational Therapy Association Director of Communications
March 2020 – Present	National Academies of Practice
July 2022- 2023	Missouri Occupational Therapy Association Treasurer Elect

July 2023 – Present

Missouri Occupational Therapy Association Treasurer

July 2024 – Present

American Occupational Therapy Association Functional Cognition
Billing / Coding Task Force

Consulting Relationships and Board Memberships

August 2008- Oct 2012

High Tech Charities, Board member at large

Teaching

Washington University Presentation and Lectures

Date	Title	Audience	Role
Annually – 6 hours 2016-2022	Population health, functional risk and OT role	MSOT / OTD students OT 5380	Lecturer
Annually – 6 hours 2018-2022	Healthcare Delivery Systems, Reimbursement, and Insurance	MSOT / OTD students OT 5225	Lecturer

Courses

2007 - 2017

Course master, OT 5092 Managing in a Changing Practice Environment,
80 hours annually

2011 – 2013

Co-Coursemaster, OT 5225 Fundamentals of Healthcare and Professional
Practice, 80 hours annually

2014 – 2016

Lecturer / Mentor, OT 5452 Research and OT; Preparing for Evidence
Based Practice, 64 hours annually

Mentorship and Sponsorship

Career development and mentorship sponsor for the following:

Graduate students

2014

Lisa M. Garrett, OTD/S, *A Model for Productive Aging*

- 2016 Kerry Ball, Sadie Walker, Brian Goedde, *Developing the WUOT Student Stroke Clinic*
- 2017 Samuel Talisman, OTD/S, *Caring for Mental Health in Stroke Survivors*
- 2017 Christopher Enke, OTD/S, *Exploring the Availability and Use of Work Place Health Promotion Supports Within Missouri Small Businesses*
- 2018 Kegan Murphy, OTD/S, *Universal Outcome Measures for WU Community Practice*
- 2018 Stephanie Kibby, OTD/S, *Exploring Interventions used to Reduce, Manage, and Prevent Psychosocial Stress across Workplace Settings*
- 2019 Christine Nelson, MSOT/S, *Multiple Errands Test, Feasibility for use in Student Stroke Clinic*
- 2019 Erica Steinhoff, MSOT/S, *Multiple Errands Test, a Feasibility for use in Student Stroke Clinic*
- 2019 Kelsey Galicia, MSOT/S, *WU Student Stroke Clinic, Student Learning Outcomes*
- 2019 Tzvia Cahn, MSOT/S, *WU Student Stroke Clinic, Student Learning Outcomes*
- 2019 Madison Rolling, OTD/S, *Development of Electronic Educational Workplace Competencies, a Pilot Study of Effectiveness*
- 2020 Heather Lim, OTD/S, *Student Learning Outcomes, Comparison between Experiential Learning Exposure and Traditional Classroom*
- 2021 Melody Cornell, OTD/S, *WUOT Student Stroke Clinic, Aphasia Support Group Needs Assessment*
- 2021 Monica Prindiville, OTD/S, *WUOT Student Stroke Clinic, Aphasia Support Group Needs Assessment*
- 2021 Katelyn Mwangi, OTD/S Post Professional, *Functional Cognition*
- 2022 Laurie Thompson, OTD/S, *WUOT Student Stroke Clinic, Stroke Prevention in Underserved Populations*

- 2022 Katherine Bucklin, OTD/S, *WUOT Student Stroke Clinic, Visual Changes Post CVA*
- 2023 Alexandria Tan, OTD/S *WUOT Clinical Protocols for Adults with ADHD*
- 2023 Jennie Barnes, OTD/S *Developing Recommendations for Expanding Cognitive Stimulation Therapy Services at Washington University and Improve Accessibility for Adults Living with Dementia*
- 2024 Xinye WU, OTD/S *WUOT Patient Perspectives of the Value of OT in Living with Long Covid*
- 2024 Kamilla Kisch, OTD/S *The Declassified OT School Survival Guide*
- 2024 Carly Yanuck, OTD/S *Pediatric Hand Therapy*
- 2024 Mia Pearce, OTD/S, *PromOTing Healthy Living Workshop Program: A Case Study for an Impactful Level I Fieldwork Experience*
- 2024 Margaret Roarty, OTD/S, *Occupational Therapy's Role in Addressing Functional Cognition in the Acute Care Setting*

Bibliography

- 2020 Bland, M., Stevens, A., **Nellis, P.**, Mueggenburg, K., Yao, T., & Chen, J. *Interprofessional education and transitions of care: A case based educational pilot experience*, Journal of Interprofessional Practice 1-5, April 2020. <https://doi.org/10.1080/13561820.2020.1769041>
- 2020 Pineda, R., Heiny, E., **Nellis, P.**, Smith, J., McGrath, J, Collins, M., & Barker, A., *The baby bridge program: A sustainable program that can improve therapy service deliver for pre-term infants following NICU discharge*, PLOS One 1-12, May 2020. <https://doi.org/10.1371/journal.pone.0233411>
- 2020 Pineda, R., Heiny, E., Roussin, J., **Nellis, P.**, Bogan, K., & Smith, J. *Implementation of Baby Bridge reduces timing between NICU discharge and therapy activation*. Journal of Early Intervention 1-22, 2020. <https://doi.org/10.1177/105381511990241>

Invited Publications

Book Chapters: Performance, Participation and Well-Being, 4th edition, chapter author, *Enabling Successful Practice through Application of Business Fundamentals*, Slack Inc., 2014