The purpose of this research study is to understand characteristics of self-perceived concerns on thoughts, attention, and memory (also called "subjective cognitive decline"). You might qualify if you are 45 or older, live in the community and speak English. Participation includes:

- **30 to 40 minutes of time & effort**
- **Self-report questionnaires (text, email or in-person)**

Participants will receive a $20.00 gift card for participation in the study.

For more information contact:
314-286-2096
yejin.l@wustl.edu